





Miramont Indoor Pool | February



| Monday | | | |
|----------------|--------------|----------------|------------|
| Class | Availability | Time | Instructor |
| Lap Swim | L | 5:00-6:00 am | |
| Masters Swim | C | 6:00-7:00 am | Tony |
| Deep H2O Power | C | 7:00-8:00 am | Marcia |
| Lap Swim | L | 8:00-9:00 am | |
| Aqua Intervals | C | 9:00-10:00 am | Marcia |
| Lap Swim | L | 10:00-12:00 pm | |
| Masters Lite | C | 12:00-1:00 pm | Tony |
| Lap Swim | L | 1:00-2:00 pm | |
| Silver Splash | C | 2:00-3:00 pm | Marcia |
| Lap Swim | L | 3:00-4:15 pm | |
| Swim Lessons | C | 4:15-5:15 pm | |
| Swim Team | C | 5:15-6:15 pm | |
| Lap Swim | L | 6:15-10:00 pm | |
| Tuesday | | | |
| Class | Availability | Time | Instructor |
| Lap Swim | L | 5:00-6:00 am | |
| Deep H2O Power | C | 7:00-8:00 am | Melissa |
| Aqua Fit | C | 8:00-9:00 am | Kathy |
| Silver Splash | C | 9:00-10:00 am | Kathy |
| Lap Swim | L | 10:00-4:15 pm | |
| Swim Team | C | 4:15-6:15 pm | |
| Masters Lite | C | 6:15-7:15 pm | Curtis |
| Lap Swim | L | 7:15-10:00 pm | |
| Wednesday | | | |
| Class | Availability | Time | Instructor |
| Lap Swim | L | 5:00-6:00 am | |
| Masters Swim | C | 6:00-7:00 am | Tony |
| Deep H2O Power | C | 7:00-8:00 am | Marcia |
| Lap Swim | L | 8:00-9:00 am | |
| Aqua Intervals | C | 9:00-10:00 am | Marcia |
| Lap Swim | L | 10:00-12:00 pm | |
| Swim Fit | C | 12:00-1:00 pm | Tony |
| Lap Swim | L | 1:00-2:00 pm | |
| Silver Splash | C | 2:00-3:00 pm | Marcia |
| Lap Swim | L | 3:00-4:15 | |
| Swim Lessons | C | 4:15-5:15 | |
| Swim Team | C | 5:15-6:15 pm | |
| Aqua Intervals | C | 6:15-7:15 pm | Marcia |
| Lap Swim | L | 7:15-10:00 pm | |

| Thursday | | | |
|----------------|--------------|----------------|------------|
| Class | Availability | Time | Instructor |
| Lap Swim | L | 5:00-8:00 am | |
| Aqua Fit | C | 8:00-9:00 am | Kathy |
| Silver Splash | C | 9:00-10:00 am | Kathy |
| Lap Swim | L | 10:00-4:15 pm | |
| Swim Team | C | 4:15-6:15 pm | |
| Masters Lite | C | 6:15-7:15 pm | Curtis |
| Lap Swim | L | 7:15-10:00 pm | |
| Friday | | | |
| Class | Availability | Time | Instructor |
| Lap Swim | L | 5:00-6:00 am | |
| Masters Swim | C | 6:00-7:00 am | Tony |
| Deep H2O Power | C | 7:00-8:00 am | Melissa |
| Lap Swim | L | 8:00-9:00 am | |
| Aqua Intervals | C | 9:00-10:00 am | Melissa |
| Lap Swim | L | 10:00-12:00pm | |
| Masters Lite | C | 12:00-1:00 pm | Tony |
| Lap Swim | L | 1:00-2:00 pm | |
| Silver Splash | C | 2:00-3:00 pm | Marcia |
| Lap Swim | L | 3:00-10:00 pm | |
| Saturday | | | |
| Class | Availability | Time | Instructor |
| Lap Swim | L | 6:00-8:00 am | |
| Swim Fit | C | 8:00-9:00 am | Tony |
| Aqua Intervals | C | 9:00-10:00 am | Marcia |
| Swim Lessons | C | 10:00-11:00 am | |
| Lap Swim | L | 11:00-9:00 pm | |
| Sunday | | | |
| Class | Availability | Time | Instructor |
| Lap Swim | L | 7:00am-9:00pm | |

-  C = Pool Closed for Class
-  L = Lap swimming
-  C = Class held indoors in case of inclement weather
-  W = Class in swimming well, lap lanes open

Lanes may be shared with private swim lessons during Lap Swim.